



WELCOME HOME

Beginning Sewing

Learn the basics of sewing machine use while creating a garment. Class topics include machine set up and take down, pattern selection and reading, selecting fabrics, laying and cutting out patterns and garment creation. Students must bring a sewing machine to class, as well as, a pencil, paper and machine instructions (if possible). A list of additional project supplies is available. Course supply costs will vary depending on the project. Seamstress Marie Banks has taught sewing for over 20 years and managed a sewing factory for more than 13 years. (5 meetings)

Jun 8-Jul 6 TUE 6-9 pm Cost/\$38

Crocheting for the Advanced Beginner

This course is for students who already know how to crochet but may be rusty or have problems understanding patterns. Learn how to read patterns while you create an item to wear, decorate your home or make an item to sell at a bazaar. Bring your own pattern or use a one that is provided by the instructor. A list of supplies will be provided. Lorraine Brown has been crocheting since she was a child.

Prerequisite: must already know how to crochet. (4 meetings)

Jun 15-24 T/TH 6-8 pm
 Jul 20-29 T/TH 6-8 pm Cost/\$26



Trash to Treasure **NEW!**

Learn how to take dumpster-dive finds and hand-me-down objects and turn them into usable items or treasured art pieces. Students will brainstorm with classmates about project ideas, figure out what tools are needed and work on the project. Bring a small "cast off" item to class (something you can carry comfortably), note paper and a pen. Sandra Weston has studied and practiced home decorating for more than 25 years. (1 meeting)

Jun 15 TUE 6:30-8:30 pm Cost/\$26



CREATIVE ART

Acrylic Painting & Learning How to See

Tap into the creative energy we all have while learning how to paint and appreciate art. All painting backgrounds and levels of experience are welcome! Students will explore theory, techniques, color, color/subject placement and painting techniques through hands-on experience. A course outline and supply list will be provided the first night of class, but you may bring any supplies you already own to the first class. **Please save receipts for any items purchased until the first day of class.** Sally G. F.-Williams, an impressionistic painter with eyes that see the subject, has taught art to all ages for 29 years. (5 meetings)

Jun 11-Jul 9

FRI

1-3 pm

Cost/\$27

Introduction to Stained Glass **NEW!**

Learn how to create beautiful works of stained glass! Learn the art of cutting and assembling glass pieces using the Tiffany Method, copper tape and solder to create stunning pieces. Class will also cover safety, fitting, pattern design, manipulation and working with 3-D glass techniques for making boxes or lamps. Wear comfortable clothing and closed-toed shoes. Bring protective eyewear and plan to purchase supplies. A supply list can be provided, or students may purchase a beginner's kit from the instructor for \$50. Students will be expected to provide their own glass by the second class meeting. Aly McMillan, who taught stained glass at California State Polytechnic University for three years, has been doing stained glass for over six years. (5 meetings)

Jun 22-Jul 20

TUE

6:30-8:30 pm

Cost/\$31



FOCUS ON YOU

Positive Self-Talk **NEW!**

According to scientific research, we talk to ourselves approximately 50,000 times daily and 80% of what we say to ourselves is working against us! Our perspectives about everything, including our self-image, are created by what others tell us and what we tell ourselves. If you learn to “think” about what you are thinking about and redirect thoughts in a more optimistic direction, you can begin to create a brighter future in all areas of your life. Bring a yellow legal pad and a pen to class. Sharon Hollis has received extensive training in the “Thoughts = Words = Actions = Results” principal and is a state registered provider/instructor for the “Twogether in Texas” healthy marriage program. (1 meeting)

Jun 19	SAT	9 am-1 pm	
Jul 17	SAT	9 am-1 pm	Cost/\$19



HOLISTIC HEALTH

Eastern Healing Methods

Get an in depth knowledge of the various eastern healing methods that are becoming more available in the West. Class will cover the foundations of Chinese healing, acupuncture, and acupuncture for women's health, acupuncture/reflexology, Ayurvedic healing, Hatha yoga, and yoga for rejuvenation. Petra Richards is working on a PhD in Ayurvedic and Tibetan Medicine, is the owner of an herb company and has over 20 years of experience in holistic healing methods and holds certifications in natural healing. (2 meetings)

Jun 15-17 T/TH 6:30-8:30 pm Cost/\$21

Reflexology

Reflexology is a natural healing art based on the principle that there are "reflexes" in the feet which correspond to every part, gland and organ of the body. Through application of pressure on these reflexes, reflexology relieves tension, improves circulation and helps promote the natural function of the related areas of the body. Wear comfortable clothing. Bring a lunch. Tawni Lay, a trained reflexology practitioner with two years of experience, works weekly at the Fort hood Reset clinic treating soldiers with post traumatic stress disorder. (1 meeting)

Jun 26 SAT 10 am-2 pm Cost/\$23

Energy Healing

Discover the importance of balancing energies in your body. Class will cover chakras and chakra healing, the Hara line, healing with crystals and gemstones, healing with color (chromo therapy), healing with voice, natural color and sound remedies for the chakras. Petra Richards (see Eastern Healing Methods). (2 meetings)

Jul 20-22 T/TH 6:30-8:30 pm Cost/\$21

Introduction to Raw Foods

Learn why raw organic fruits, vegetables, nuts and seeds are so beneficial for sustaining health and vitality in the human body. Students will also explore processed foods and the danger of eating too many. Class includes a demonstration to show you how to prepare a raw drink, meal and dessert. Recipes will be provided. Tawni Lay has been eating a primarily raw diet since 2007 and enjoys teaching others how to find radiant health through raw organic foods. (1 meeting)

Jul 24 SAT 10 am-2 pm Cost/36

Herbalism

Get an overview of growing and using herbs for health and wellbeing while exploring the history of herbal remedies. Class will focus on identifying, gathering, drying and storing herbs. Additional topics include how to grow herbs organically, cooking with herbs,

herbal first aid, when not to use home remedies and making herbal blends and products. Petra Richards (see Eastern Healing Methods). (2 meetings)
Aug 17-19 T/TH 6:30-8:30 pm Cost/\$21

Mind-Body Skills Group NEW!

Join us on a journey of self-discovery. Explore connections among thoughts, feelings and physical functions by learning principles of self-care that will improve your health and well-being, provide skills for stress management and greater self-awareness. Take one class or all six. For more information call the instructor at 254-698-0076. To register, contact Continuing Education. Viola Crowder-Moger has completed The Center for Mind-Body Medicine's Training and Advanced Training Program for Mind-Body Skills Groups. (1 to 6 meetings)

Topic	Jun 1	TUE	5:30-7:30 pm	
Topic	Jun 15	TUE	5:30-7:30 pm	
Topic	Jul 6	TUE	5:30-7:30 pm	
Topic	Jul20	TUE	5:30-7:30 pm	
Topic	Aug 3	TUE	5:30-7:30 pm	
Topic	Aug 17	TUE	5:30-7:30 pm	Cost/\$36 per session



GET PHYSICAL

Private Lessons: Western Horseback Riding

This course is appropriate for all riding levels. Explore the equine mind and mannerisms while getting to know the horse you will be partnered with during the class. You will learn the required nutrition, safety and general care needed to keep horses happy and healthy. Students will also learn about equipment (tack), its uses and how to place it on the horse comfortably and safely. From mounting and obtaining balance to riding in three different gates (walk, trot, and lope), you'll gain all the experience needed to make riding a safe and fun hobby. Call to arrange one or six lessons. **This class meets off campus.** Malcolm Dickinson, a former public school administrator, is a fisherman, horseman, hunter and tracker. (1 or 6 meetings)

One meeting (one hour)/\$31
Six meetings (one hour)/\$161

Semi-Private: Western Horseback Riding

This course is appropriate for all riding levels. Semi-private lessons include two students and one instructor. Each student must pay the appropriate fee (listed below). Semi-private lessons are an excellent alternative to individual lessons for families with more than one child taking western horseback riding instruction. It is up to the student or their parent to find the second student for semi-private lessons. See the Private Lesson description for class information. Call to arrange one or six lessons. **This class meets off campus.** Malcolm Dickinson (see Private Horseback Riding Lessons). (1 or 6 meetings)

One meeting (one hour)/\$31
Six meetings (one hour)/\$156

Jazzercise

Perfect for any fitness level, each class offers a blend of jazz dance and exercise science set to your favorite music! Easy-to-follow, fun choreography includes a gentle warm-up, a one hour high intensity aerobic workout, muscle toning, strengthening with weights and a stretch finale. The fun way to get fit! **This class meets off campus.** Please arrive 10 minutes early to the first day of your class to allow time to fill out required paperwork. There are seven certified instructors with a combined 26+ years of experience. *Babysitting is free!* (8 or 9 meetings)

Jun 1-29	T/TH	5:40-6:40 pm	
Jun 2-30	M/W	5:40-6:40 pm	
Jul 1-29	T/TH	5:40-6:40 pm	
Jul 5-28	M/W	5:40-6:40 pm	
Aug 2-30	M/W	5:40-6:40 pm	
Aug 3-31	T/TH	5:40-6:40 pm	Cost/\$26

Physical Conditioning

Explore a variety of exercise routines to help get in shape, including workout techniques and basic fitness information. Workouts will emphasize cardio respiratory improvement and toning exercises using dumbbell weights, circuit training and some running. Wear appropriate gym clothing (t-shirt and shorts or sweats) and bring a towel. Bruce Vasbinder has seven years of experience teaching a variety of CTC physical education courses. (8 meetings)

Jun 4-Jul 23 FRI 11:45 am-1 pm Cost/\$36

Tennis: Organized Play & Drills

Players will drill for the first 30 minutes and play for one hour. Class will emphasize serving, ground strokes and volleys. Players will be matched up in single and double plays. Charles Wilson is a tennis nut with 20 years of experience playing tennis! (5 meetings)

Jun 7-Jul 12* MON 6-7:30 pm Cost/\$26

*No class Jul 5

Zumba

Zumba combines high energy and motivating music with unique moves and combinations that allow participants to dance away their worries and get in shape. It is based on the principle that a workout should be fun and easy to do. With a fusion of Latin and International tunes, Zumba combines the principles of fitness interval training and resistance training to maximize caloric output, fat burning and total body toning. Doug Edwards is a certified Zumba instructor. (8 meetings)

Jun 8-Jul 1 T/TH 12:15-1 pm
Jun 11-Jul 30 FRI noon-12:45 pm
Jul 13-Aug 5 T/TH 12:15-1 pm Cost/\$21



Yoga

Yoga is designed to connect the mind and body. You will benefit from this class whether you are a new student learning the basics or you are more experienced. Class will focus on strength and balance movements designed to increase flexibility and reduce stress. This class is appropriate for all fitness levels. Wear comfortable clothing, bring a blanket or sweater for cool down portion of workout and don't forget to bring a yoga/pilates mat to class. Tawni Lay is a certified yoga instructor who has taught for over three years. (8 meetings)

Jun 8-Jul 1 T/TH 5:45-6:45 pm
Jul 6-29 T/TH 5:45-6:45 pm
Aug 3-26 T/TH 5:45-6:45 pm Cost/\$26

Western Horseback Riding

This course is appropriate for all riding levels. Explore the equine mind and mannerisms while getting to know the horse you will be partnered with during the class. You will learn the required nutrition, safety and general care needed to keep horses happy and healthy. Students will also learn about required (tack), its uses and how to place it on the horse comfortably and safely. From mounting and obtaining balance to riding in three different gates (walk, trot, and lope), you'll gain all the experience needed to make riding a safe and fun hobby. **This class meets off campus.** You must arrive at the stables at least 15 minutes before the scheduled class. Malcolm Dickinson (WED), a former public school administrator, is a fisherman, horseman, hunter and tracker. Victor Wiggins (SAT) has been working with and riding horses since he was 11 years old. (6 meetings)

Jun 9-Jul 14	WED	5:30-7 pm	
Jun 5-Jul 10	SAT	9-10 am	Cost/\$86

Power Yoga **NEW!**

Power Yoga is built on intuition versus tradition. Although many of the traditional yoga poses are utilized. This practice of yoga increases focus; strength, stamina and flexibility. It will involve using the core muscles and developing an individual practice that will inspire a level of fitness and inner beauty. Students can expect a *vinyasa* (process of uniting breath with movement) flow of poses to modern music and will develop an upbeat energy that will increase range of motion and define muscle tone while also achieving better posture and balance. Attalie Santiago is a certified yoga instructor. (6 meetings)

Jun 11-Jul 16	FRI	11:45 am-12:45 pm	
Jul 23-Aug 27	FRI	11:45 am-12:45 pm	Cost/\$19

Water Fitness Training

Develop strength and flexibility while improving posture and body awareness in this aquatic fitness course. Class combines Pilates and Yoga movements that have been modified for the water. Included are shallow water exercises, wall exercises and suspended flotation stretches. No swimming skills are necessary. Bring a towel and wear swimsuits and water shoes. Kathleen McDonald is a certified Water Fitness Instructor. (8 meetings)

Jun 11-Jul 30	FRI	11:45 am-12:45 pm	
Jun 12-Jul 31	SAT	10:30-11:30 am	Cost/\$26



DANCE

Women's Bellydance

Bellydance is a feminine, sensuous, ancient dance from the Middle East and North Africa that builds confidence and is a fun form of exercise. Each class will begin with stretching and muscle isolation. As muscle tone and stamina increases, more moves will be added and grouped together. Wear loose clothing for all classes and bring a rectangular or triangular scarf to tie around your hips. BEG is for students who are new to bellydance, and INT/ADV students must have instructor approval. Mahasin (BEG) has four years of bellydance experience and performs with the Maidens of Mystery troupe. Khaliqa (INT and ADV) has taught bellydance since 1985 and is the Maidens of Mystery troupe director. (8 meetings)

BEG	Jun 7-30	M/W	6-7 pm	
	Jul 7-Aug 2	M/W	6-7 pm	
	Aug 4-30	M/W	6-7 pm	Cost/\$36
ADV	Jun 7-30	M/W	7:15-8:30 pm	
	Jul 7-Aug 2	M/W	7:15-8:30 pm	
	Aug 4-30	M/W	7:15-8:30 pm	Cost/\$39

Ballroom Dance: Waltz & Fox Trot

Be the belle or beau of the ball! Have fun as you master the fundamentals of the Waltz and Fox Trot. Bringing a partner isn't absolutely necessary, but it is more fun! Geneva Barker has taught dance for over 11 years and met lots of wonderful people in the process. (4 meetings)

Jun 7-16	M/W	7-9 pm	Cost/\$31
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Line Dancing

Learn basic line dance movements and dance floor etiquette followed by intermediate and advanced steps that are high energy. Class will consist of demonstration with music and step-by-step instruction. Students will get plenty of dance practice in order to master steps. Luther DeWalt has been line dancing since 1987 and teaching line dance since 2003. (4 meetings)

Jun 8-17	T/TH	7-8:30 pm	Cost/\$23
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Ballroom Dance: Basic and Intermediate Swing

Learn 12 exciting, action-filled steps as you swing (or jitterbug) your way around the dance floor. Whether you're new to swing or already know a few steps, you'll enjoy this class. Bringing a partner isn't absolutely necessary, but it is more fun! Geneva Barker (see Waltz & Fox Trot). (4 meetings)

Jun 21-30	M/W	7-9 pm	Cost/\$31
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Salsa & Merengue

Get your Latin groove on by learning these two dance favorites! Salsa is a fast paced dance that gets you moving to the rhythm and beat of music. Merengue is a sensuous dance in which the upper body is kept majestic and turns are slow. Please wear heels (ladies) or dress shoes (gentlemen). Jeannette Madayag has danced with different ethnic groups for more than 20 years. (4 meetings)

Jul 6-15

T/TH

7-9 pm

Cost/\$31

Latin Dance: Cha-Cha & Rhumba

Put some sizzle in your step! Learn how to Cha-Cha and Rhumba to a Latin beat. Class will emphasize rhythm and basics steps. Bringing a partner isn't absolutely necessary, but it is more fun! Geneva Barker (see Waltz & Fox Trot). (4 meetings)

Jul 12-21

M/W

7-9 pm

Cost/\$31



SCUBA & AQUATIC COURSES

Discover Scuba

Find out if scuba is for you. Join us for the experience of a lifetime as you discover excitement and adventure—freedom and serenity. Nothing compares to the weightless exhilaration of breathing underwater. Only a diver knows the feeling! This program takes you underwater in a swimming pool under the supervision of a PADI dive professional, the worlds most sought after scuba professionals. This course does not end in certification. All equipment is provided. **Class meets off campus.** Chris Mendoza has extensive training in commercial, technical and recreational diving and has logged more than 10,000 dives and certified over 5000 divers to different levels of certification. (1 meeting)

June 9	WED	6-7:30 pm	
Jul 14	WED	6-7:30 pm	
Aug 11	WED	6-7:30 pm	Cost/\$36



LANGUAGE & CULTURE

Conversational Spanish

Get a thorough background in grammatical structures, vocabulary and phonetics with emphasis on correct pronunciation. Practice useful vocabulary in everyday Spanish conversation and discuss cultural and travel topics. BEG will include pronunciation, present tense, time, days of the week, colors and numbers. INT and ADV are for students who have mastered present tense and will cover additional vocabulary and tenses. Graciela Carrizales has worked in the bilingual customer service industry for over 5 years and has volunteered at schools with bilingual teachers and students. (8 meetings) (1.6 CEUs)

INT Jun 8-Jul 1 T/TH 5:30-7:30 pm Cost/\$41

French for Beginners

Ooh la laa...learn how to speak French and get a basic introduction to French culture. Class will focus on the alphabet, numbers and basic grammar. Students will also practice making introductions, asking for directions, ordering food, finding transportation and making hotel accommodations. Bring a pen and notebook to class. Evelyne Jones, a native of France, has traveled throughout Europe. (8 meetings)

Aug 3-26 T/TH 6:30-8:30 pm Cost/\$41



WRITING & PUBLISHING

Introduction to Screenwriting

Learn the fundamental tools of scriptwriting and structure that are necessary to create a feature film. Course topics will include brainstorming, treatment strategy, antagonist/protagonist, writing, critiquing and revisions. Students will write a three-page or less script outline. Bring a notepad and pen. Instructor will provide all other materials. Marlena Martin is an indie filmmaker, author, animator and inventor. (4 meetings)

Jun 9-30

WED

6:30-8:30 pm

Cost/\$26



PREPARATORY MUSIC PROGRAM

Private Lessons: All Instruments & Voice

Private lessons are available in piano, voice, guitar, and saxophone. Our instructors, many of whom have degrees and/or professional certification in music, are carefully screened and frequently observed and evaluated by our administrative staff. Instruction will be individually designed for each student according to age, ability and personal goals. *Students must have the instrument available for daily practice.* Music supply costs will vary per student. Call to arrange 30- or 45-minute lessons. (6 meetings)

Cost/\$119 (30-minute lesson)

Cost/\$161 (45-minute lesson)

Semi-Private Lessons

Semi-private lessons are available in piano, voice, guitar, and saxophone. Semi-private lessons include two students and one instructor. Each student must pay the appropriate fee (listed below). Semi-private lessons are an excellent alternative to individual lessons for families with more than one child taking music instruction. It is up to the student or their parent to find the second student for semi-private lessons. Our instructors, many of whom have degrees and/or professional certification in music, are carefully screened and frequently observed and evaluated by our administrative staff. Instruction will be individually designed for each student according to age, ability and personal goals. *Students must have the instrument available to daily practice.* Music supply costs will vary per student. Call to arrange 30- or 45-minute lessons. (6 meetings)

Cost/\$89 (30-minute lesson)

Cost/\$131 (45-minute lesson)

Guitar

Learn important concepts for beginning acoustic, folk and base guitar players. Class will focus on tuning, note names, chords, scales, memorization and coordination. This group class explores all styles of guitar technique including blues, classical, rock, folk and R&B sounds. *Students must have a guitar available for the classroom and daily practice.* Music supply costs will vary per student. Paul Miceli is an experienced musician who has played with country, rock and blues bands since 1998. (6 meetings)

Age 7-12	Jun 7-Jul 19	MON	6-7 pm
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	Jul 26-Aug 30	MON	6-7 pm
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Age 13-Adult	Jun 9-Jul 14	WED	6-7 pm
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	Jul 21-Aug 25	WED	6-7 pm
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Cost/\$89

Piano

This group piano class is for beginners who have little or no piano experience. Class will focus on the keyboard, improvisation and note reading. *Students must have a piano or keyboard available for daily practice.* Music supply costs will vary per student. Shin-Young Yun has a Master of Music degree with a specialization in Performance. (6 meetings)

Age 5-12	Jun 9-Jul 14	WED	3-4 pm	
	Jul 21-Aug 25	WED	3-4 pm	
Age 13-Adult	Jun 9-Jul 14	WED	4-5 pm	
	Jul 21-Aug 25	WED	4-5 pm	Cost/\$89



ROBOTS!

We Do Robotics (Age 7-12)

Learn about problem solving, scientific inquiry, Robotics, motion control and programming through a series of fun and engaging hands-on activities using the LEGO We Do Robotics System. Students will get an introduction to foundational science, technology, engineering and math concept skills. Michael Owens is a 22-year veteran technology teacher who has mentored robotics teams and taught engineering and robotics courses at Shoemaker High School's Science, Technology, Engineering and Math Academy. (5 meetings)

Jun 7-11	M-F	8:30 am-12:30 pm	
Jun 14-18	M-F	8:30 am-12:30 pm	Cost/\$149

NeXT Robotics (Age 12-16)

Students will use the LEGO MINDSTORMS NXT Robotics system to explore problem solving, scientific inquiry, Robotics, motion control and programming through a series of fun and engaging hands-on activities and competition challenges. Students will get an introduction to foundational science, technology, engineering and math concept skills. Michael Owens (see We Do Robotics). (5 meetings)

Jun 7-11	M-F	1:30-5:30 pm	
Jun 14-18	M-F	1:30-5:30 pm	Cost/\$149



CRIME BUSTERS

Crime Scene Investigation (Age 11+)

Learn the basics of criminal investigation and how a crime scene is processed. Discover how to become an investigator, what type of education and training is required and the duties and responsibilities of a Criminal Investigator. Students will learn the basic steps that an investigator goes through to effectively process a crime scene and collect evidence, including some of the equipment used. Participants will get hands-on experience processing a mock crime scene. Ed Bolton, a Criminal Investigator with more than 30 years of experience, has been teaching at CTC for seven years. (3 meetings)

Jun 5-19	SAT	10:00 am-noon	
Jul 10-24	SAT	1-3 pm	Cost/\$28

CSI Junior (Age 9+)

Learn the basics of criminal investigation with an emphasis on terminology, fingerprinting, lifting prints on evidence and fingerprint comparison. Course will also cover use of a light source in locating print evidence and demonstration of casting impression evidence (like tire and shoe impressions). Students will get lots of hands-on experience so wear clothes that can get dirty! Ed Bolton, a Criminal Investigator with more than 30 years of experience, has been teaching at CTC for seven years. (3 meetings)

Jun 5-19	SAT	1-3 pm	
Jul 10-24	SAT	10:00 am-noon	Cost/\$28

Plato's Pond: A Scientific Adventure (Age 10+) **NEW!**

Using Fred Andrew's fictional tale *Plato's Pond*, students will have fun solving a crime by conducting simple science experiments using common everyday objects. Once students have completed all the experiments, they will have enough evidence to know who-did-it and will be taking home their own lab book created during the class. Interspersed throughout the reading and science, students will also enjoy seeing shows at the Planetarium. Christen Manuel is an educational program assistant at the Mayborn Planetarium. (5 meetings)

Jul 19-23	M-F	9 am-noon	Cost/\$79
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LET'S EXPERIMENT

Young Science Lab Rats (Age 6-8) **NEW!**

Young scientists will discover the amazing world of science as they race boats using soap for power, cultivate ghost crystals, make a technicolor milkshake and much more. The course will also allow students to step back in time and learn how fossils are created, recovered and used to study ancient life. Each participant will receive two take-home kits! Melinda Wright has over 20 years of teaching experience and has presented science workshops at local, state and national levels. (4 meetings)

Jun 7-10	M-TH	9-11 am	
Jul 27-30	TU-F	9-11 am	Cost/\$84

Chemistry Lab Rats (Age 8-12) **NEW!**

Science has never been this much fun! Make rotten egg gas, find out what sewer maggots are, dispose of ghost poop, make your own bouncy balls and much more. You can even bring a foam gnome to life. Each participant receives two of their very own take-home kits. Melinda Wright (see Young Science Lab Rats). (4 meetings)

Jun 7-10	M-TH	1-3 pm	
Jul 27-30	TU-F	1-3 pm	Cost/\$84

Bathroom, Backyard & Kitchen Magic (Age 5+)

Learn how to whip up science projects at home using products found in your kitchen, bathroom or backyard. Class will cover a different area or discipline of science each day including earth science, physics, biology and chemistry. Students will use the scientific method in order to document outcomes in a science notebook. Students will also receive worksheets so projects can be repeated at home or for a school science project. Course price includes all project supplies. Wear experiment-proof clothing! Suzan Falkner has a master's degree in science and teaches science at Copperas Cove High School. (4 meetings)

Jun 8-11	TU-F	9 am-noon	
Jul 19-22	M-TH	1-4 pm	Cost/\$67

Slippery Slimy Science (Age 5+)

Become a mad scientist in training and learn some fun science stuff! Make ooze, a lava lamp, plastic milk, worms and other slimy take-home projects that are fun and will help you learn about scientific principles. Students will use the scientific method in order to document outcomes in a science notebook. Students will also receive worksheets so projects can be repeated at home or for a school science project. Course price includes all project supplies. Bring water and a light snack for break time. Wear slime-proof clothing! Suzan Falkner (see Bathroom, Backyard & Kitchen Magic). (4 meetings)

Jun 8-11	TU-F	1-4 pm	
Jul 19-22	M-TH	9 am-noon	Cost/\$67



EARTH & BEYOND

Galaxy Quest (Age 7+)

Learn about the power of our sun, gravity, stars, what lasers really do and much more! Explore science through hands on experiments. Students will also make a constellation projector, use a solar telescope and a sunspotter. The last day of class will be spent in the planetarium seeing a show. Course price includes all supplies. Kathy Rose is an educational program assistant at the Mayborn Planetarium. (4 meetings)

Jun 7-10	M-TH	9 am-noon	
Jul 28-July 1	M-TH	9 am-noon	Cost/\$64

You Rock! Fossil Hunting in Central Texas (Age 5+)

Discover the fun of fossil hunting in Central Texas. Students will get an overview of the fossilization process and the environments in which fossils are made. Learn how to find and identify fossils for your own collection during a walking field trip (on campus). Each student will create their own 3D layered fossil landform. Wear appropriate clothing and sunscreen. Bring bottled water for the field trip. Suzan Falkner (see Bathroom, Backyard & Kitchen Magic). (4 meeting)

Jun 14-17	M-TH	9 am-noon	
Jul 26-29	M-TH	9 am-noon	Cost/\$67

Temperature, Water & Weather...Oh My! (Age 5+)

Have fun making thermometers, barometers and a cloud in a bottle while learning about the water cycle and how it affects weather all over the planet! Students will use the scientific method in order to document outcomes in a science notebook. Students will also receive worksheets so projects can be repeated at home or for a school science project. Course price includes all project supplies. Wear experiment-proof clothing! Suzan Falkner (see Bathroom, Backyard & Kitchen Magic). (4 meetings)

Jun 14-17	M-TH	1-4 pm	
Jul 26-29	M-TH	1-4 pm	Cost/\$67

Can You Dig It? Exploring the Past with Archaeology

If you like mysteries, puzzles and learning about different places and people, then you may “dig” archaeology. Students will explore Fort Hood’s past via hands-on activities and classroom demonstrations. Hands-on activities will include excavating a miniature archaeological sandbox “site” and making a Native American craft. Classroom demonstrations will include site mapping and making tools similar to those used by Central Texas natives from thousands of years ago. All demonstrations and activities will be geared toward specific age groups. Sunny Wood and the Fort Hood Cultural Resource Management staff have a variety of archaeological experiences to share including field experience from the Southwestern US to the Arctic. (1 meeting)

Age 5-8	Jun 18	FRI	9-11 am	
Age 9-12	Jun 25	FRI	8:30 am-12:30 pm	Cost/\$14



BODY SCIENCE

The Amazing Me! Body Science (Age 7-11) NEW!

Conduct exciting experiments that help learn all about you. Fingerprint detection, how germs spread, experiments exploring the senses, dental health and lots more. You will leave amazed at how “cool” body science really can be.

Jun 14 MON 9 am-noon Cost/\$19

I Wanna' be a Nurse (Age 7+)

Explore the exciting history of nursing! Students will learn how to take vital signs, use a stethoscope and move a “patient.” Course will include observation, role playing, practicing with supervision, videos and games. Please bring a sweater or jacket for comfort! Sharon Carter has over 21 years of experience as an RN. Susan Ramnarine-Singh has over 30 years of experience as an RN. (1 meeting)

Jul 27 TUE 9 am-noon Cost/\$14



MATH

Math Fun **NEW!**

Gain a better understanding of math and have fun using your imagination and geometry to construct take-home projects. Students will construct tetrahedron kites, investigate tessellations to make patterns, create string art and work with tangram puzzles. Laura Cella is a certified math instructor with over 15 years of experience. (4 meetings)

Jun 14-23

M/W

10 am-noon

Jul 20-29

T/TH

1-3 pm

Cost/\$37



AVIATION

Come Fly with Me

Get a complete briefing on aviation careers, oddities, safety, weather maps and radar. The class ends with an actual airplane flight. Michael Hutyra is an Assistant Chief Flight Instructor with the CTC Aviation Science department and has logged over 1,500 hours of flight time. (5 meetings)

Age 9-11 Jun 7-11 M-F 2-3 pm*

Age 12-16 Jun 14-18 M-F 2-3 pm* Cost/\$46

*9 am flight time on Friday at the Skylark Field airport



ALL ABOUT WATER

Snorkeling for Kids (Age 5-12) **NEW!**

Learn proper techniques for snorkeling which enhance their ability to observe underwater life a natural setting without the complicated equipment. Participants must be able to swim (!) and must furnish their own mask, snorkel and fins. These items are available at C&J Divers Scuba center. Chris Mendoza has extensive training in commercial, technical and recreational diving and has logged more than 10,000 dives and certified over 5000 divers to different levels of certification. (4 meetings)

Jun 4-25	FRI	2:30-3:30 pm	
Jul 9-30	FRI	2:30-3:30 pm	Cost/\$31



LANGUAGE & CULTURE

French (Age 7-13)

Have fun learning how to speak French. Class will focus on the alphabet, numbers and basic grammar. Students will also practice making introductions and asking for directions. Bring a pen and notebook to class. Evelyne Jones, a native of France, has traveled throughout Europe. (3 meetings)

Jun 11-25	FRI	9-11:30 am	
Jul 16-30	FRI	9-11:30 am	Cost/\$36

Spanish (Age 7-11)

Get ahead in school with your knowledge of Spanish. Learn various customs and courtesies along with phrases, numbers, colors, weeks, months and elementary sentence construction for initial conversation. Susana Nicolau is a native of Peru who is studying bilingual education. (4 meetings)

Jun 14-17	M-TH	9-11 am	
Jun 28-Jul 1	M-TH	9-11 am	
Jul 26-29	M-TH	9-11 am	Cost/\$37

German (Age 7-13)

Have fun with games and songs while learning basic German. Students will practice speaking words, numbers and simple sentences. Participants will also receive a resource booklet. Stephanie Johnson is a fluent German speaker who attended German public schools until the sixth grade. (4 meetings)

Jun 14-17	M-TH	2:15-5:15 pm	
Jul 19-22	M-TH	2:15-5:15 pm	Cost/\$47

A Trip to Peru (Age 7-10)

Beinvenidos a Peru! Have your passport and suitcases ready to travel to this fantastic country. Discover a new world filled with adventures and wonderful traditions. Explore Peruvian culture, have fun making souvenirs from your trip and learn how to prepare delicious Peruvian cuisine while picking up a few new Spanish words. Wear comfortable clothes that can get messy. Susana Nicolau (see Spanish). (5 meetings)

Jun 21-25	M-F	9-11 am	Cost/\$49
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PERFORMING ARTS

Tall Tales (Age 3-10)

Enjoy listening to some of your favorite tall tales like you've never heard them told before! Participants will get an opportunity to learn how to interpret stories using voices and gestures. Kimberly Olson (see Storytelling). (3 meetings)

Jun 8-10	T/W/TH	11 am-noon	
Jun 29-Jul 1	T/W/TH	11 am-noon	Cost/\$11

Beginner's Improvisation (Age 8-12)

Learn how to perform instinctively! Students will explore the basics of improvisation in a theatrical setting through games and performance. Wear closed-toed shoes and comfortable clothing. No skirts, flip-flops, etc. Emma Merlo has over nine years of experience and is currently pursuing a degree in theater. (8 meetings)

Jun 14-24	M-TH	9 am-noon	Cost/\$48
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Storytelling (Age 3-10)

Get excited about reading by listening to exciting stories filled with ogres, princesses, fairy godmothers and more! Enjoy some of your favorite stories in a friendly environment. Participants will get an opportunity to try their hand at storytelling. Kimberly Olson is a writer and an award-winning speaker who has performed oral interpretation for years. (3 meetings)

Jun 22-24	T/W/TH	11 am-noon	
Jul 6-8	T/W/TH	11 am-noon	Cost/\$11

Basic Theatrical Production (Age 9-15)

Learn the basis of putting on and performing in a play. Class will focus on movement, vocal and facial expression, casting, and production techniques. Wear closed-toed shoes and comfortable clothing. No skirts or flip-flops. *Ten Angry Pigs* is a twist of a children's tale and an adult's classic film. Family and friends are invited to see a performance on the final day of class. Emma Merlo (see Beginner's Improvisation). (10 meetings)

Jul 12-23	M-F	9 am-noon	Cost/\$61
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WRITING

Creative Writer's Workshop

Explore and develop your creativity and original thinking through the written word. Participants will have an opportunity to expand their knowledge of different writing styles and techniques. Course will cover various writing types and will include exercises to help improve skills and discover how fun writing can be. Be prepared to write a lot! Participants will have the opportunity to read their written works on the last day of class to family and friends. Bring paper, a pen or pencil and an eraser. Kimberly Olson (see Storytelling). (4 meetings)

Age 9-12	Jun 14-17	M-TH	9 am-noon	
Age 13+	Jul 19-22	M-TH	1-4 pm	Cost/\$43

Poet's Jam (Age 9+)

Learn how to express your creative self through poetry. Students will explore different types of poetry and learn how to use different environments to write. Course will include exercises that help you develop imagination, creativity and spontaneity. Be prepared to write a lot! Participants will have the opportunity to read their written works on the last day of class to family and friends. Bring paper, a pen or pencil and an eraser. Kimberly Olson (see Storytelling). (4 meetings)

Jul 12-15	M-TH	1-4 pm	Cost/\$43
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Comic Books (Age 6+) **NEW!**

Learn the fundamentals of crafting and creating your own comic book story. Don't worry if you don't know how to draw. Course will focus on exploring story lines, drawing, improvisation, setting up the story, comic book layout and formatting. All of the comics created in class will be featured in a class comic book. Marlena Martin, the owner of an independent film company, is currently working on an animated cartoon and is in the process of establishing a publishing house that features comics and graphic novels. (3 meetings)

Jul 20-22	T/W/TH	3:30-5:30 pm	Cost/\$29
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ARTS & CRAFTS

Sun Porch Art (Age 7+) **NEW!**

Acrylic is a unique medium that is easily used to create sun porch art. Students will learn the basics of sketching, color placement, viewing a subject from the artist's point of view. Class will end with students making a beautiful piece of sun porch art out of a hub cap. Sally G. F.-Williams, an impressionistic painter with eyes that see the subject, has taught art to all ages for 29 years. (4 meetings)

Jun 7-10 M-TH 9 am-noon Cost/\$62

Wire Sculpture (Age 10+)

Learn wire art basics and apply that to creating an original piece of art. Class will focus on safety, tools, cutting, shaping and twisting techniques. Emphasis will be placed on visualization, individual creativity, experimentation and self-expression. Wear comfortable clothing. Fred Chavez has been sculpting with metal wire for nine years and has sold some of his work. (1 meeting)

Jun 10 THU 1-3 pm

Jul 15 THU 1-3 pm Cost/27

Picture This! (Age 8+)

Bring your imagination to life by creating story illustrations. Students will listen to a story and then draw images based on that information. Explore your creativity by using a variety of media including markers, watercolors, pencils, crayons, gel pens, graphite pencils and more. Wanda Gunter's work has been included in numerous exhibits and she has been teaching ceramic dry-brushing for over 10 years. (4 meetings)

Jun 14-17 M-TH 9-11 am

Jul 12-15 M-TH 9-11 am Cost/\$38

Arts & Crafts (Age 5+)

Experiment with new methods of expression in this fun, hands-on class. This project-based class is a great opportunity for getting your child to think outside of her or his creative box. Wear clothes that can get messy! Jennie Bisese (see Art Exploration). (4 meetings)

Jun 14-17 M-TH 1:30-4 pm

Jun 21-24 M-TH 1:30-4 pm

Jul 26-29 M-TH 1:30-4 pm Cost/\$41

No Sewing Required (Age 8+)

Have fun learning how to make a small fleece blanket without having to thread a single needle! Spend approximately two hours on this project and walk away with a warm, cozy feeling. Charlie Flynt has been making no sew fleece blankets and pillows of all sizes for over three years. (1 meeting)

Jun 18 FRI 1-3:30 pm



STRATEGY

Chess Basics & Strategies (Age 6+)

Playing chess is a great way to improve critical thinking skills and strategy. Learn the fundamentals of chess in five minutes and put what you've learned into practice within the first 30 minutes you play. Students will discover strategies and tips for winning in competitions or enjoying a leisurely game of chess. Wanda Gunter has coached Scholastic Chess for more than seven years and has published a chess instruction guide. (4 meetings)

Jun 14-17	M-TH	1-3 pm	
Jul 12-15	M-TH	1-3 pm	Cost/\$29

Advanced Chess (Ages 8-14)

Learn various advanced chess strategies necessary to compete at any level. Part I topics will include the three phases of a Chess Game (opening, middle and end), strategies to improve game play and practice methods to improve skills. Part II topics will cover additional strategies, recording, analysis, tournament rules and how to play on a clock. Darieck Foster has taught chess and coached students for 10 years, and his team has won the Region II Championship Title for the past two years. (4 or 5 meetings)

Part I	Jun 21-24	M-TH	noon-2 pm	
Part II	Jun 28-Jul 2	M-F	noon-2 pm	
Part I	Jul 19-22	M-TH	noon-2 pm	
Part II	Jul 26-30	M-F	noon-2 pm	Cost/\$36

HEALTHCARE

CPR (Age 11-16)

This course teaches infant and one-man rescuer CPR. Students completing this course will be CPR certified through the American Heart Association. Stephen Schroeder is a certified CPR instructor. (1 meeting)

Jun 18 FRI 1-5 pm

Jul 16 FRI 1-5 pm

Cost/\$26



GIRLS, GIRLS, GIRLS!

Girlversity (Age 9-12) NEW!

Formerly known as Fashionably Safe, this fun and informative workshop takes girl power to the next level by offering young tweens a forum to discuss and explore a variety of issues that are vital to a young lady's development in today's complex world. Personal Safety, Health and Wellness, Academic Success, Goal Development, Personal Esteem, Milestone Achievement and Team Work are just some of the areas that Girlversity will address. Girls will receive milestone rewards and achievements at the completion of each class including Pink Karate Belts for personal safety; Spa gift bags for Health and Wellness and Pre-Employment Resumes for the World of Work class. The workshop will be capped off with a very special Girlversity graduation ceremony complete with caps and gowns. Interactive programming, special guest speakers and life changing achievements are just some of the elements that make Girlversity the ultimate in tween development. Stephanie Legree-Roberts has a master's degree in counseling psychology and extensive knowledge of personal safety for women and young girls. (4 meetings)

Jul 9-30

FRI

1-3 pm

Cost/\$62



OUTDOOR FUN

Horseback Riding Camp

Have fun riding a horse and learn all about basic horsemanship. Students will also participate in riding games and will learn how to care for and groom horses. Guest speakers will include a western storyteller and a farrier (someone who shoes horses). Students must wear a helmet. You can bring your own or one will be provided. Wear sunscreen, jeans and tennis shoes or boots. Bring bottled water. Students will receive a certificate of completion. **This class meets off campus.** Malcolm Dickinson, a former public school administrator, is a fisherman, horseman, hunter and tracker. (4 meetings)

Jun 7-10	M-TH	8-11 am	
Jul 12-15	M-TH	8-11 am	Cost/\$197

Soccer Fun

Get ready for fall soccer now! Fun is the primary focus of this class with fundamental skill improvement as the ultimate goal. Learn how to properly strike passes and shots, use both sides of each foot, set and trap the ball, carry and dribble the ball with pace and control, shield the ball during possession and create space. Players will engage in friendly competition with an emphasis on sportsmanship. Students must wear white t-shirts, shin guards and tennis shoes. Bring cleats for grass play, sunscreen, a water bottle, note-taking material and a soccer ball. Jennie Bisese has 30 years of experience playing and coaching soccer. (5 meetings)

Age 3-7	Jun 14-18	M-F	9 am-noon	
	Jun 21-25	M-F	9 am-noon	
	Jul 5-9	M-F	9 am-noon	
Age 8+	Jun 7-11	M-F	9 am-noon	
	Jun 28-Jul 2	M-F	9 am-noon	
	Jul 12-16	M-F	9 am-noon	Cost/\$31

The Petting Zoo **NEW!**

Learn about common domestic animals that are essential to daily life by getting up close and personal with how they live. Class will provide hands-on feeding, grooming and contact opportunities that will allow each student to work side-by-side with a teacher moving to different animal groups feeding and rendering daily care for healthy, happy, prosperous animals. Animal groups include rabbits, cows, dogs, chickens, turkeys, horses, pigs, goats and more. Malcolm Dickinson, a former high school administrator, is the owner and operator of Blue Heaven Stables. (1 or 4 meetings)

Age 3-5	Jun 25	FRI	9 am-noon	
	Jul 23	FRI	9 am-noon	Cost/\$19
Age 6+	Jun 21-24	M-TH	8 am-noon	
	Jul 19-22	M-TH	8 am-noon	Cost/\$49

Birdwatching (Age 9+)

Have fun learning the basics about birds. Students will explore basic bird anatomy, feeding and song habits, plumage and bird habitat. Participants will start with the basics and work toward creating and maintaining a personal "life" list. Class includes a field trip so you can apply what you learned in class to the real world. For the field trip, wear jeans, closed-toed shoes, a cap or hat, sunscreen, sunglasses and a comfortable shirt. Bring note-taking material. Binoculars or a camera are optional. Fred Chavez has over 15 years of bird watching experience. (2 meetings)

Jul 29-30 TH/F 1-3 pm & 8-10 am Cost/\$29



GOAL SETTING

Making of a Champion: Introduction to Goal Setting **NEW!**

Learn how to develop a well-rounded approach and skill set with regard to academic study, sports and community involvement. Each unit builds toward building a personal success plan. Course topics include leadership, personal potential, goal setting, attitude and a plan of action. Tim Stroud, an independent associate of Success Motivation® International, Inc., is a successful business owner and experienced instructor. (4 meetings)

Jun 14-17	M-TH	1-5 pm	
Jul 12-15	M-TH	1-5 pm	Cost/\$1500