

Jan 30-Feb 5, 2012

Newsletter



CENTRAL TEXAS COLLEGE

Bell Tower Buzz

Black History Month Program

Verses and Flow:
An Evening of Poetry, R&B Music, and Steel Drums

FEBRUARY 8, 2012
5:30 p.m. Refreshments
6-8 p.m. Program

Guest Host: James J. Adams
Poet/Writer & Motivational Speaker

CENTRAL TEXAS COLLEGE
6200 W. Central Texas Expwy
Campus Center
Bldg 156, Event Room

For more information, contact CTC at 526-1258/1106 or TAMU-CT at 519-5421
www.ctcd.edu www.CT.TAMUS.edu

MULTICULTURAL CENTER
CENTRAL TEXAS COLLEGE
CULTURAL EXCELLENCE

CENTRAL TEXAS COLLEGE
Guidance & Counseling
BHMC

TEXAS A&M UNIVERSITY
CENTRAL TEXAS

INTERESTED IN ROBOTICS?

CTC is looking to form a Robotics Club. An interest meeting will be held Tuesday, January 31 from 12 – 1 p.m. in the Planetarium (Bldg. 152), Room 101. This is a meeting to see if students are interested in forming an official CTC club that will develop and build robots and explore competition venues. If there are enough interested students, we will discuss club officers and begin drafting a club constitution. For more information, please contact Michael Hunter, club sponsor, via e-mail: michael.hunter@ctcd.edu.

**CENTRAL
TEXAS
COLLEGE**

**STUDENT
GOVERNMENT
ASSOCIATION**

Want to run for office?

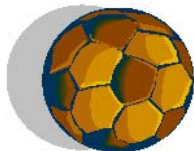


For the upcoming fall/spring semesters. Application deadline March 6, 2012.

For more information, please call Student Life at 526-1258.

**CENTRAL TEXAS COLLEGE
INTRAMURAL SPORTS**

Soccer League Meeting



**Friday, March 23
11 a.m. in the gym**

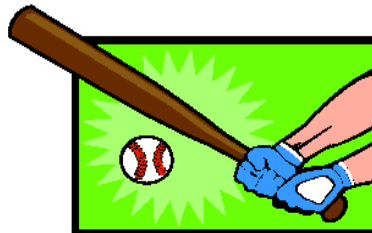
All interested players or team captains must attend. Rosters, game times and rules will be discussed. Only CTC/TAMU-CT students, faculty and staff may participate.

Current spring 2012 CTC/TAMU-CT I.D. is required for student players.

For more information, contact Richard Ibarra at **526-1495*

**CENTRAL TEXAS COLLEGE
INTRAMURAL SPORTS**

Softball League Meeting



**Friday, March 23
11:30 a.m. in the gym**

All interested players or team captains must attend. Rosters, game times and rules will be discussed. Only CTC/TAMU-CT students, faculty and staff may participate.

Current spring 2012 CTC/TAMU-CT I.D. is required for student players.

For more information, contact Richard Ibarra at **526-1495*

BYWAYS

**Central Texas College
Journal of Arts & Letters**

Accepting art & literary submissions

now until February 2012

BYWAYS is a student journal of writing and arts. The journal is open for all enrolled Central Texas College students to submit their writings and art to be considered for publication.

Please submit all work electronically to mike.matthews@ctcd.edu

Phone: 254 526-1695

A student advisory board votes on all submitted work and awards monetary prizes in each category.

Students on Central Campus may contact julie.kirkham@ctcd.edu to have their work photographed.

Phone: 254 526 - 1526

For more information on submission requirements, contact: Deborah.swan@ctcd.edu

Phone: 254 526-1475



The AVID Center is a resource room in the Library that provides a place where students, faculty and the public can meet in a relaxed academic environment. The room provides the tools and space for study and work groups, workshops, seminars and presentations to help patrons achieve their academic goals.

The AVID Center will be kicking off a new program of workshops starting February 1st. Workshops included are:

- "Stress, Balance and Boundaries"
- "How to write in APA Style"
- "Dealing with Anger"
- "How to make the most of Blackboard"
- "Healing: A New Beginning"
- "A&P Guided Study Group"
- "12 Steps for Trauma Survivors and their Families"
- "Boss yourself: How to get started in Business"

Some faculty members will be offering regular office hours in the AVID Center. Students can meet with them for assistance or with questions they may have.

Watch for the new schedule in next week's Bell Tower Buzz!

For more information please contact: DSwan@ctcd.edu / 254-526-1475.

The Mental Health Services Department is sponsoring a 12 Step Open Meeting for **Trauma Survivors and their Families** for CTC students and staff. The meeting will be held every Thursday from 12:00 – 12:50 in the AVID Center on the second floor of the library. If you or a family suffer from the symptoms of Post Traumatic Stress Disorder and would like to join the self-help group please make plans to attend.

Beginning to Heal: A support group for those who are ready to move forward from the past.



Do you find yourself thinking:

- Sometimes I feel stuck!
- Sometimes the past hurts.
- Sometimes we forget to forgive ourselves.
- Sometimes it's hard to forget.
- Sometimes the future seems so far away.
- Sometimes I just want to quit.
- Sometimes I feel alone.
- Sometimes I feel no one understands me.

You are not alone. Others are waiting in the AVID Center to help. Come join us.

Stages of Healing

These are the stages of healing. Where are you?

- Denial
- Self-Blame
- Victim
- Indignation
- Survivor
- Integration

Don't know? Join us and find out.



What: Beginning to Heal Support Group

When: Tuesdays 11 a.m. – 12:15 p.m.

Where: AVID Center, second floor of the library



Are you ready to move forward?

Perhaps a journey into healing could be your next adventure. Healing is the ability to identify positive and negative aspects of your life and being able to formulate a positive personal vision. Healing requires work. Work requires tools. The Emotional Healing Toolkit is a way to discover the tools to help you move forward towards a new beginning. Come join us for this experiential group to explore the tools and how to best use them. This is not a counseling group but a guided didactic group designed to provide you with tools you can use on a daily basis.

ONE DAY. ONE PLACE. AGGIELAND.



SATURDAY, FEBRUARY 18, 2012
9 a.m. - 3 p.m.

ADMISSIONS.TAMU.EDU/AGGIELANDSATURDAY

Bookstore web site caution

Central Texas College recently became aware of a website, ctcbookstore.net, which is offering college textbooks at a discounted price. If you receive student inquiries about this web site, CTC is not affiliated with this site and students are asked to use caution if doing business at that website. Several students have complained about ordering books and not yet receiving them. Again, CTC is in no way affiliated with this website. The official CTC

Bookstore can be found online at www.ctcbookstore.com.

Groundhog Day Word Search

E T G H C L O U D Y P F Y O
 A R N O I T A T N E S E R P
 W O R R U B E S E I N S S R
 S O B G E O E K X W N T T E
 T E D N R T S R A P N I N D
 A I C A R O S T N W R V I I
 H T F O H G U A O A R A R C
 M C E N N S N N C R T L P T
 A O B I X D S R D E I I T I
 E I R N G F H U R H R N O O
 T P U N U Y I I P T O O O N
 S P A R I F N N D A N G F I
 O G R P E N E N R E T N I W
 H E Y S T H G I L W E E K S



Employee Training and Professional Development

Intermediate Excel

February 1

8 a.m. - 12 p.m.

Bldg. 103, Room 153

New Employee Orientation

February 3

8 - 11 a.m.

Bldg. 103, Room 153

Writing Performance Evaluations

February 9

8 - 10 a.m.

Bldg. 103, Room 153

EEO/SHP: Two-Year Review

February 16

8 - 11 a.m.

Bldg. 103, Room 153

Burrow	Cloudy	February
Festival	Footprints	Forecaster
Fun	Groundhog	Hats
Hibernation	Hide	Lights
Morning	Peeks	Phil
Prediction	Presentation	Punxsutawney
Second	Shadow	Six
Snow	Spring	Sunshine
Weather	Weeks	Winter

Bell Tower Buzz

Director, Student Life-Kerstin Brooks

Designer- Jenifer Parcell

Submit items by Tuesday, 2 p.m. to: Jenifer.Parcell@ctcd.edu

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