



# INTRAMURAL SPORTS

## BIANNUAL SPRING EAGLE TROT 5K RUN/WALK

\*\*\*A Biannual Event To Promote Fitness\*\*\*

Friday, May 1, 2020

9:00 a.m. (Starting Line: CTC Gym)



\*T-Shirts \*

Will be awarded to the  
First 15 Men & 15 Women Runners  
and the  
First 15 Men & 15 Women Walkers  
who complete the course.

-Sign-up & Sign-your waiver at the CTC Gymnasium, Bldg. 151-or-  
email Richard at [richard.ibarra@ctcd.edu](mailto:richard.ibarra@ctcd.edu) for sign-up & waiver

\*(NOTE: please indicate whether you are running or walking in your email)\*

**Deadline is Thursday, April 30, 2020**

**-All participants arrive at the gym by 8:30 a.m. the day of the race.**

**-This Event is open to the Public-**

-If you require accommodations for this event, please contact  
Disability Support Services at 254-526-1291 seven business days in advance.

**-In case of inclement weather, the run/walk will be conducted (TBA)**

*For More Information, Contact Richard Ibarra at  
526-1495 –or- Facebook.com/CTC.KINE*

*Course map can be found at:*

<http://www.ctcd.edu/locations/central-campus/fitness-sports/intramurals/>