

Vital Signs

FEBRUARY 2012

SPECIAL POINTS OF INTEREST:

- About SNA
- SNA Officers
- Upcoming Events
- Caught Being Awesome..

WE would like to wish our CTC SNA officers— lots of luck as they compete in the upcoming TSNA conference.

GO CTC !!!

Welcome New CTC SNA Members

About the National Student Nurse's Association

"Founded in 1952, NSNA is a nonprofit organization for students enrolled in associate, baccalaureate, diploma, and generic graduate nursing programs. It is dedicated to fostering the professional development of nursing students.

The organization has over 58,000 members in 50 states, the District of Columbia, Guam, Puerto Rico and the U.S. Virgin Islands.

NSNA's Board of Directors is made up of 10 nursing students who are elected at the organization's Annual Convention. Two non-voting consultants are appointed by the American Nurses Association and the National League for Nurses to provide guidance. NSNA also employs a full-time staff headquartered in Brooklyn, NY .

Over 3,000 nursing students participate in NSNA's Annual Convention, which features leadership and career development activities, opportunities to listen to renowned nursing leaders, hear about job opportunities and the chance to network with hundreds of other students. The program includes a state board exam mini review. " (NSNA.ORG)

The CTC Student Nurse's Association

The SNA at CTC is your chance to be involved in the nursing community as a student. The SNA chapters all over the nation help to shape the future of nursing. As a member you will: Facilitate the development of professionalism in nursing students; Promote student involvement in the CTC-SNA and NSNA; encourage active participation in student activities , professional, and educational opportunities; foster the relationship between students and faculty, and support cohesive, compassionate, and caring relations among all nursing students.

Your SNA Officers



Sheena McCloud, President

My name is Sheena McCloud, I graduated from Athens High School in 2003 and have lived in the Killeen area for almost five years. I am the proud mother of two sons, 6 and 8. My grandmother was a nurse for many years and after her death in 2007, I decided that it was time for me to continue her legacy. I have a passion for the healthcare field and enjoy opportunity to help someone feel better or even smile. It is my goal to continue my nursing education and obtain my masters.

Your Student Nurse Officers Cont.

Suzanne Chandler, V.P.

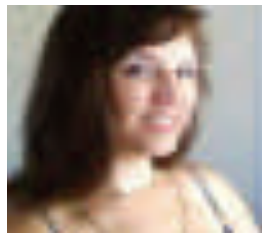


Hi, my name is Suzi. I am in 3rd semester wishing it was December already. I was born and raised in Killeen; I even graduated from Ellison.... Go Eagles!! I worked overseas for several years as contractor until I decided what I wanted to be when I grew up. I have been married for two years to my husband Josh who is a wounded warrior from OIF. We have 3 dogs. I volunteer for the KPD as a Killeen citizen on patrol (KCOP) and Citizens police academy (CPA). I look forward to meeting all of you over the next semester and one day having the opportunity to work next to you!!

Fabiola Santiago, Secretary

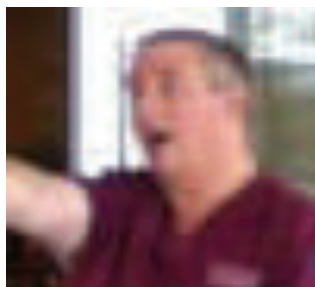


Hi! My name is Fabby Santiago and I'm your CTC Student Nurse Association Secretary. I'm in currently in 3rd semester and looking forward to finishing up in December. I'd say my favorite tv show is NCIS....but c'mon, we're in Nursing School so I have no time to watch it anymore. I am an Army Wife, like many of our students here, and have 2 amazing daughters who ask every day "Do you have to go to school today?" I look forward to seeing more of our peers participate in SNA as the Spring goes on. Welcome to Spring 2012 fellow Nursing Students!



I'm April Thomas, Treasurer. I have a wonderful husband and three kids, and I can't wait to have a job and get away from all of them. I have always wanted to be a nurse, but I did the stay-at-home mom thing till all the boys were in school. I enjoy the challenge of nursing school and I've learned to trust my instincts. I'm looking forward to making a difference in my patient's lives and hopefully affecting positive change in the nursing community.

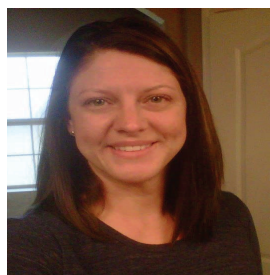
April Thomas, Treasurer



Ken is one of the, shall we say, mature folks starting a second career as a nurse, (male nurse). Ken is our parliamentarian. This means he is the person authorized to tell people they are out of order and to pipe down and sit down at SNA meetings! He has always had an interest in medicine and complementary, naturopathic and alternative therapies, and can always be counted-on to speak-up in class with an herb, oil or vitamin to help treat a condition we study. He is also a Reiki Tummo (energy) healer, and he and his wife make designer "apothecary soaps and lotions" to help folks with medical issues, and folks who just want to smell good and stay moisturized. Ken plans to become a hospice nurse after he works med-surg for two years. He believes that death is the first step on the next great adventure, and wants to make sure that those who are starting the process of dying can finally start living! An active Rotarian, he works with the Boy Scouts and runs a charity that collects used DVD movies from people and builds free lending libraries in Afghanistan and at VA Hospitals. (Got any you don't watch?)

Ken Meyer, Parliamentarian

**"Always laugh
when you can. It
is cheap
medicine."
_ Lord Byron**

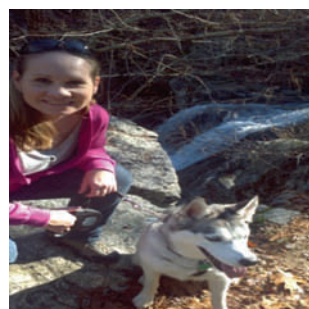


First Semester– Bonnie Sewell

My name is Bonnie and I have been married just under 2 years to my husband Jason. I have two children, a son Alex and a daughter Riley. I have been here at Ft. Hood with my husband since August of 2010.



Second Semester– TBD



Third Semester– Kim Houghtaling

Kim Houghtaling, 40 y/o, married for 20 years to Active Duty Service member. She has no human children, however she does have three Siberian Huskies. She is currently employed as a certified surgical technologist at a local area hospital in addition to attending the CTC ADN program. She has been assisting in surgery for 15 years in a variety of surgical services, to include, Trauma, Orthopedics, General Surgery, Vascular, Cardio-Thoracic, Neurology, OB-GYN, Urology and ENT. In addition, she was the lead clinical on-site instructor for the Army Operating Room Technician Course at Ft Hood from 2000-2004.

Kim enjoys spending many hours volunteering in rescuing and rehabilitating Siberian Huskies. Many

“ We make a living by what we get, but we make a life by what we give.”

– Winston Churchill



Fourth Semester– Natoya Ireland-Huerta



Editor– Jenna Lalliss

My name is Jenna Lalliss and I am in third semester. My husband, Steve and I celebrated our 20th anniversary this past December. We have four children ages 6-16 years old. I spent thirteen years as a music teacher and decided to go back to school two years ago because I was ready for a career change. It has been both a challenge and a blessing to be back in school. I have been lucky enough to be apart of a wonderful class and look forward to a great semester.

Photographer —Christina Williams



Hi, I'm Christina. I'm married to the Army with two boys. I graduated high school in 1999 in Oklahoma and worked retail for a long time. I took 5 years off to raise my kids and once they were both in school, I went back to school. I can't wait to be a nurse and when the pressure of school gets me down, I remember what my son said to be after he scraped his hand, "Mommy, you're doing to be a great nurse because you take



Upcoming Events

FEBRUARY

- 14 Valentine's Day
- 16-18 NSNA Convention
- 24 Mini HURST Review– 0900 Criminal Justice building, CTC

MARCH

- 1 Recruitment day 9-12 @ Nursing Building
- 10 St. Patrick's day 5k/ 10K and Kids mile– Scott and White in Temple. \$25/Adult \$10/Child

Ask your class representative about SNA T-Shirts and Sweatshirts. Designs TBA.

Order forms coming soon.

Look Who Was Caught Being Awesome..

This is a new addition to the SNA newsletter. In order to promote compassionate service, teamwork, and class spirit, we will be nominating our fellow students each month to be recognized for going the “extra mile.” If you see or are the direct beneficiary of someone being awesome, write a quick paragraph describing the situation and how the nominee’s behavior made a positive difference. We will go through the nominations each month and select a few to be recognized as “officially awesome.”

This month, I would like to recognize Fabby Santiago. Fabby was caught being awesome last month when she went to the CTC Bookstore to pick-up a Learning guide. She noticed that the bookstore was crowded and instead of just picking up what she needed, she bought several other copies of the Learning guide just in case some of her fellow classmates hadn't had the time to go and wait in the long lines. Fabby's behavior is an example of caring and friendship. She's a true team player and third semester is lucky to have her as a member of “our family.” - Fabiola Santiago—YOU WERE CAUGHT BEING AWESOME !!!