CENTRAL TEXAS COLLEGE
SYLLABUS FOR KINE 1104
BALLET I

INSTRUCTOR: __________
OFFICE HOURS: ________

I. INTRODUCTION

a. The student will be introduced to the fundamentals of Classical Ballet dance.

b. This course meets curriculum requirements for the Central Texas College programs
   for an Associate Degree and the transferability of courses to other institutions.

II. OVERALL OR GENERAL OBJECTIVES OF THE COURSE:

Upon successful completion of this course, Ballet I, the student will:

a. Learn correct technique for executing basic ballet movements.

b. Have knowledge of the history, French terminology, classroom etiquette and proper
   technique that will be presented through handouts, written and oral exams and skill
   evaluations.

III. INSTRUCTIONAL MATERIALS:

a. The instructional materials identified for this course are viewable through
   www.ctcd.edu/books

b. Handouts

IV. REQUIREMENTS FOR THE CLASS ARE AS FOLLOWS:

a. Attend class regularly
b. Be on time
c. Suit out in proper dress
d. Meet required skill level
e. Pass written examinations

GRADE COMPUTATION:

<table>
<thead>
<tr>
<th>Component</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Participation</td>
<td>40%</td>
</tr>
<tr>
<td>Skill Evaluations</td>
<td>20%</td>
</tr>
<tr>
<td>Written/Oral exams</td>
<td>30%</td>
</tr>
<tr>
<td>Performing a ballet piece</td>
<td>10%</td>
</tr>
</tbody>
</table>

10/14/08
ABSENCES AND TARDIES:

The student is required to attend every scheduled class meeting.

- **Absences numbers one (1) and two (2) - No penalty.**
- **Absence number three (3) - 5 points will be deducted from your final grade** (based on 100 point scale).
- **Absence number four (4) - 10 points will be deducted from your final grade** (based on 100 point scale).
- Should you exceed **four (4) absences**, you will be **withdrawn from the class**. (See “CTC Absentee Policy” in college catalogue)
- **Two (2) points will be deducted from your final grade for each tardy.**
- **There will be no make-up classes.**

Students will be required to provide a documented excuse when missing either written exams or skills tests. It will be his/her responsibility to arrange with the instructor the missed exam. Students who fail to make such arrangements immediately upon their return to class will not be allowed to take the test.

ATTENDANCE PROCEDURES:

It will be the responsibility of the student to sign the attendance sheet before beginning class. Students arriving late to class must sign a tardy sheet. Students who arrive more than 15 minutes after class-time will be counted absent. Students who leave class early without consulting with the instructor will be counted absent. Students who sign in and leave class will be penalized and subject to administrative withdrawal. This action will be considered academic dishonesty.

CLASS ATTIRE:

**Women:**
- Any color leotard – may be any style except thong (tank, short or long sleeve…)
- Pink tights – may be footed, stirrup, shimmery…
- Pink ballet slippers – full sole in fine, but split sole is recommended. Elastic must be sewn onto the slippers.
- Leg warmers are allowed.
- So that instructor may see correct posture and placement of the body, no skirts, shirts, or shorts may be worn.
- Hair must be worn up and out of the face (please secure hair well so that you do not have to use class time to fix, and no ponytails are allowed)
- No street shoes will be allowed in class (tennis shoes, sandals, house slippers…)
Men:
- Any color leotard or t-shirt. Make sure the shirt fits well and is not too long or loose. It may be short sleeve or a tank.
- Men’s black tights. Men’s tights are thicker than women’s so be sure you do not get women’s tights.
- Black ballet slippers – full sole is fine, but split sole is recommended. Elastic must be sewn onto the slippers.
- Leg warmers are allowed.

ADDITIONAL NOTES:

Students are expected to dress out for every class. Failure to dress out will result in a recorded absence. Students will have the opportunity to earn extra credit via attending a dance performance, watching a dance video and answering a brief questionnaire about the movie, or doing a dance research paper.

Disability Support Services provides services to students who have appropriate documentation of a disability. Students requiring accommodations for class are responsible for contacting the Office of Disability Support Services (DSS) located on the central campus. This service is available to all students, regardless of location. Explore the website at www.ctcd.edu/disability-support for further information. Reasonable accommodations will be given in accordance with the federal and state laws through the DSS office.

V. COURSE OUTLINE:

A. Unit Objectives: Upon completion of this unit the student will be able to:

1. Demonstrate basic ballet movements and technique.
2. Combine steps to form short combinations.
3. Combine and perform basic ballet movements to form a dance.
4. Correctly spell and define basic ballet terminology.

B. Learning Activities:

1. Instructor will explain and demonstrate proper ballet technique.
2. Instruction will lecture on history and origin of Ballet.
3. Students will be given opportunities to practice proper steps and technique.
4. Students will learn and perform a classical Ballet piece.
5. Students will learn basic elements of choreography.
6. Students will take written tests on ballet terminology.

SKILL TESTS:

Will be based off of the basic ballet movements, French terminology, and proper technique that the student has been learning in class.