

**RECOMMENDED FOUR-YEAR DEGREE PLAN FOR  
CAMERON UNIVERSITY'S BS IN SPORTS AND EXERCISE SCIENCE**

<b>Freshman Year at Central Texas College (AS in Kinesiology)</b>			
<b>Fall Semester (16 hours)</b>		<b>Spring Semester (14 hours)</b>	
<b>Central Texas College Course</b>	<b>CU Course Equivalent</b>	<b>Central Texas College Course</b>	<b>CU Course Equivalent</b>
ENGL 1301	ENGL 1113	SPCH 1315 or 1321	COMM 1113
HIST 1301	HIST 1483	HIST 1302	HIST 1493
MATH 1314	MATH 1513	BIOL 1406 or 1408	BIOL 1364/1364L
CHEM 1406 or 1411	CHEM 1004	KINE 1306	SES 2033
GEOL 1403 or 1414	GEOL 1014/1014L		
PHYS 1401	PHYS 1115/1115L		
KINE 1301	SES 2043	KINE Physical Activity**	PE Activity
<b>Sophomore Year at Central Texas College (AS in Kinesiology)</b>			
<b>Fall Semester (14 hours)</b>		<b>Spring Semester (16 hours)</b>	
<b>Central Texas College Course</b>	<b>CU Course Equivalent</b>	<b>Central Texas College Course</b>	<b>CU Course Equivalent</b>
Component Area Option (4 hours)		Language, Philosophy and Culture	Humanities (Diversity)
ECON 2301	ECON 2013	SPAN 1411, 1412	FREN 1411, 1412
		PHIL 1301	GERM 1411, 1404
			SPAN 1113, 1223
			PHIL 1113
GOVT 2305	PS 1113	GOVT 2306	None
Creative Arts Selection	Humanities (Aesthetics)	Social/Behavioral Science Selection	
ARTS 1303	ART 2613	PSYC 2301	

ARTS 1304	ARTS 2623		PSY 1113
DRAM 1310	THTR 1103		
HUMA 1315	ART 1013		
MUSI 1306	MUSC 1023		
KINE 1304	SES 2003	KINE 1321	SES 3103
KINE Physical Activity**	PE Activity	KINE 1338	SES 2013
		KINE Physical Activity**	PE Activity

\*\* KINE Physical Activity Courses – A different topic must be selected each time.

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<b>Junior Year at CU</b>			
<b>Fall Semester (16 hours)</b>		<b>Spring Semester (16 hours)</b>	
<b>CU Course</b>	<b>Central Texas College Course Equivalent</b>	<b>CU Course</b>	<b>Central Texas College Course Equivalent</b>
SES 2023	BIOL 1322	SES 3003	NONE
SES 3013	NONE	SES 3033	NONE
SES 3023	NONE	SES 3043	NONE
ENGL 1213	NONE	UD Guided Elective (3 Hours)	NONE
UD Guided Elective (3 Hours)	NONE	CIS 1013 OR MIS 2113	BCIS 1305 OR COSC 1301
General Elective (1 Hour)	PE Activity	General Elective (1 Hour)	
<b>Senior Year at CU</b>			
<b>Fall Semester (16 hours)</b>		<b>Spring Semester (16 hours)</b>	
<b>CU Course</b>	<b>Central Texas College Course Equivalent</b>	<b>CU Course</b>	<b>Central Texas College Course Equivalent</b>
SES 3053	NONE	SES 4053	NONE
SES 4013	NONE	SES 4023	NONE
SES 4003	NONE	SES 4043	NONE
SES 4033	NONE	General Elective (1 Hour)	NONE
General Elective (4 hours)	NONE	General Elective (6 hours)	NONE

\*\* KINE Physical Activity Courses – A different topic must be selected each time.

**CURRENT COURSE ROTATION**

<b>Required Core Courses (45 hours)</b>			
<b>FALL &amp; SPRING</b>	<b>FALL ONLY</b>	<b>SPRING ONLY</b>	<b>SUMMER</b>
<b>Required Core Courses</b>			
SES 2023 Nutrition SES 2033 First Aid SES 2043 Intro to SES SES 3013 Applied Anatomy & Kinesiology SES 3023 Care & Prevention of Athletic Injuries SES 3033 Physiology of Exercise SES 4053 Practicum	SES 3053 Facility Management SES 4003 Motor Learning SES 4013 Physiology of Exercise Lab SES 4033 Legal Aspects	SES 3003 Sports Nutrition SES 3043 Biomechanics SES 4023 Exercise Prescription SES 4043 Research Methods	SES 2023 Nutrition
<b>Guided Electives (15 hours)</b>			
<b>FALL &amp; SPRING</b>	<b>Offered Periodically (FALL OR SPRING ONLY)</b>		<b>SUMMER</b>
SES 2003 Health SES 2013 Wellness SES 3073 Recreation for Special Populations	SES 3093 General Medical Conditions SES 3103 Leadership & Coaching SES 3113 Event Planning & Fundraising SES 3131-3 Special Studies SES 3153 Strength Training	SES 3063 Health & Behavior Change SES 3083 Community Recreation Programs SES 3123 Sport Psychology SES 3131-3 Special Studies SSES 3143 Personal Training	SES 2003 Health SES 2013 Wellness SES 2023 Nutrition