



# AS – Kinesiology to BS – Exercise Physiology and Human Performance 2022-2023 Transfer Pathway



AS Degree Requirements							
Central Texas College							
CTC	TAMUCT	Course Name	SCH	CTC	TAMUCT	Course Name	SCH
ENGL 1301	CORE 010	Composition I	3	GOVT 2305	CORE 070	Federal Government	3
HIST 1301	CORE 060	United States History I	3	CORE 050	CORE 050	Creative Arts Core Selection	3
MATH 1314	CORE 020	College Algebra	3	KINE 1304	KINE 1304	Personal/Comm. Health I	3
BIOL 2401	CORE 030	Anatomy and Physiology I	4	KINE	KINE	Physical Activity Course	1
KINE 1301	KINE 1301	Intro. to Physical Fitness and Sport	3	CORE 040	CORE 040	Language, Philosophy and Culture Core Selection	3
SPCH 1315, 1318 or 1321	CORE 010	Public Speaking, Interpersonal Communication or Business & Professional Communication	3	GOVT 2306	CORE 070	Texas Government	3
HIST 1302	CORE 060	United States History II	3	CORE 080	CORE 080	Social/Behavioral Science Core Selection	3
BIOL 2402	CORE 030	Anatomy and Physiology II	4	KINE 1321	KINE 1321	Coaching/Sports/Athletics I	3
KINE 1306	KINE 1306	First Aid	3	KINE 1338	CORE 090	Concepts of Physical Fitness	3
KINE	KINE	Physical Activity Course	1	KINE	KINE	Physical Activity Course	1
CHEM 1411	CORE 090	General Chemistry I (Lecture + Lab)	4				
Subtotal							60

Additional Lower-Level or Upper-Level Degree Requirements			
Central Texas College or Texas A&M University – Central Texas			
Central Texas College	Texas A&M University - Central Texas	Course Name	SCH
Any Level Elective <sup>1,2,3</sup>	Degree Requirement	Any Level Elective	2
Subtotal			2

Upper-Level Degree Requirements					
Texas A&M University - Central Texas					
Texas A&M University - Central Texas	Course Name	SCH	Texas A&M University - Central Texas	Course Name	SCH
EPHP 3301	Exercise Physiology I	3	EPHP 4304	Principles of Strength and Muscular Hypertrophy	3
EPHP 3302	Exercise Physiology II	3	Upper-Level Elective - Faculty Approved	Upper-Level Elective - Faculty Approved	15
EPHP 3307	Principles of Personal Training	3	EPHP 3303	Anatomical Kinesiology	3
EPHP 3304	Exercise Biochemistry	3	EPHP 3306	Exercise Testing and Prescription	3
EPHP 4302	Sports Nutrition	3	EPHP 4102	Advanced Cardiovascular Training	1
EPHP 4301	Leadership in Exercise and Sport	3	EPHP 4395	Exercise Physiology and Human Performance Capstone	3
EPHP 4305	Research Methods	3	EPHP 4684	Exercise Physiology and Human Performance Internship	6
EPHP 3305	Principles and Techniques of Strength Training and Conditioning	3			
Subtotal					58
Total					120

## Notes/Comments

Texas A&M-Central Texas is an upper-level institution offering 3xxx-5xxx level courses. All 1xxx-2xxx level courses must be completed at a different institution. For help with pathway planning, student should speak with an [academic advisor](#). This guide is intended for planning and visualization purposes only.

- Not all Degree Requirement courses are completed with the AS. Student will need to complete these remaining lower-level courses at the community college. Please consult a TAMUCT financial aid counselor regarding the consortium agreement process.
- Any-level electives may be taken at either at Texas A&M University-Central Texas or another institution. Please consult an academic advisor prior to selecting any-level electives.
- Lower-Level Electives, Any Level Electives, Component Area Options, or Degree Requirements (DEG REQ) may consist of the proposed FOS courses: BIOL 2401, BIOL 2402, CHEM 1412, PHYS 1401, PSYC 2301, PHED 1301, PHED 1338, PHED 1306 or PHED 2356, 3 credit hour Teaching Team Sports, 3 credit hour Teaching Individual/Dual Sports.