



Department of Health Sciences- Massage Therapy Advisory Committee Meeting

<b>Chairperson:</b> Laura Skarpa		
<b>Meeting Date:</b> 30 November 2023	<b>Meeting Time:</b> 10:00 A.M.	<b>Meeting Place:</b> Virtual Microsoft Teams
<b>Recorder:</b> Ashley Meloon	<b>Call to Order:</b> 10.00 A.M.	<b>Previous Meeting:</b> 12 June 2023

MEMBERS: (P = Present A=Absent) Add nonmembers present to bottom of table with heading "Others Present."

P/A	Name and Title (List all members)	Business Affiliation	Credentials
A	Sharma Nidhi/Owner	Hand & Stone Massage- Temple	
P	Darrell Aubrey/Owner	Hand & Stone Massage- Georgetown	
P	Laura Skarpa Adjunct Professor/LMT Program Owner/Orthopedic Massage Therapist	Tranquil Retreat Therapy & Massage Clinic, LLC	LMT, LMTI, CLT
P	Quincy Butler/Owner	MassageEnvy – Harker Heights	
P	Karen Howard/Owner	Elements Massage	

**OTHERS PRESENT (Ex-officio)**

A	Dr. Martina Ady, Deputy Chancellor, Instruction and Workforce Initiatives	Central Texas College	Ph.D.
A	Dr. Melanie Baak Dean of Career and Technical Instruction	Central Texas College	Ed.D.
A	Veronica Martin, <i>Associate Dean, Career and Technical Instruction</i>	Central Texas College	MS
A	Tammy Frew Chair, Department of Health Sciences	Central Texas College	Ed.D.
A	Dr. Lori Forsyth Assistant Chair, Department of Health Sciences	Central Texas College	DNP
A	Kim Simmons Clinical Coordinator, Department of Health Sciences	Central Texas College	MSN, RN
A	Lesley McGough, Coordinator, Instructional Program Support Services	Central Texas College	
A	Bryan Oakes, Career Development Specialist, Career Services	Central Texas College	
A	Jinette Campbell, Director, Instructional Program Support Services	Central Texas College	
P	Ashley Meloon, LVN/Massage Therapy Clerk III	Central Texas College	
P	Viola Crowder-Moger Director, Licensed Massage Therapy Program	Central Texas College	MBA, LMT, LMTI, CE Provider
A	Daniel Garcia, CTC CE Program Manager	Central Texas College	
P	Kelli Kelly, Coordinator Instructional Program Support Services	Central Texas College	
P	Rondalyn Ware, Massage Adjunct	Central Texas College	LMT, LMTI
P	Tracy Cook	Central Texas College	
P	Celina Alvarado	Central Texas College	

Agenda Item	Action, Discussion, Information	Responsibility
Introduction of Members and Guests	Attendees introduce themselves and state their position	V. Crowder-Moger
Establish Quorum	Quorum established? Yes	V. Crowder-Moger
Approve Minutes from Last Mtg.	<b>Motion:</b> Laura Skarpa <b>2<sup>nd</sup> by:</b> Ashley Meloon <b>Voted:</b> Minutes approved as presented	V. Crowder-Moger
<b>Old Business:</b>		
<b>UPDATE:</b> <b>License Portability</b>	<p>IMpact (Interstate Massage Therapy Compact)  <a href="https://compacts.csg.org/compact-updates/massage-therapy/">https://compacts.csg.org/compact-updates/massage-therapy/</a></p> <p>Is funded by a \$5M grant from the Department of Defense to the Council of State Governments/National Center for Interstate Compacts and Federation of State Massage Therapy Boards, to support the mobility of licensed massage therapists and create reciprocity among participant states and reduce barriers to license portability. This legislation was finalized and available for introduction during the 2023 state legislative sessions. Legislation is passed in one state – Nevada. It has not been introduced in Texas.</p> <p><b>UPDATE:</b> This compact requires the massage therapist to have a minimum of 625 clock hours. States are not required to modify their hours of education requirements for state licensure; the 625-hour requirement applies only to the massage therapist seeking the multistate license. That means the massage therapist has to have 625 clock hours, not the program itself.</p> <ul style="list-style-type: none"> <li>- Laura asked if that would be cumulative hours or program itself. If the program only had 500 hours and the student took continuing education to make the 625 hours, would that work?</li> <li>- Viola stated yes. Students still have to have a home state license and then they can have a multistate license.</li> </ul>	V. Crowder-Moger
<b>UPDATE:</b> <b>Cohorts</b>	<p><i>FALL 2023: Completing two cohorts.</i></p> <p>The morning cohort (October 2022 through October 2023) completed Internship 13 October 2023 with 80 appointments equaling 100.5 hours of massage in 16 business days (Tuesdays through Saturdays). \$2,825 was deposited into the Central Fund. (2<sup>nd</sup> for-credit cohort)</p> <ul style="list-style-type: none"> <li>- We are a 1 year, 12 month program, 3 consecutive semesters.</li> </ul> <p>The afternoon cohort (January 2023 through December 2023) is in their last week of Internship. Cohort completes on 8 December 2023. (3<sup>rd</sup> for-credit cohort)</p> <ul style="list-style-type: none"> <li>- The students are on-target for completion to meet the state requirements and there are no problems there. We have full expectations for the students to follow through and complete the program next week.</li> </ul>	V. Crowder-Moger Ashley Meloon

Agenda Item	Action, Discussion, Information	Responsibility
	<p><i>Licenses: 2nd for-credit cohort</i> Completed 13 October 2023.</p> <ul style="list-style-type: none"> <li>- No attempts made for licensure from the cohort that finished in October. No request have been made for the education verification.</li> </ul> <p><i>Spring 2024 Cohort: Applications, Orientations, Registration Packets in progress</i></p> <ul style="list-style-type: none"> <li>- 6 students with their backgrounds and drug testing done and they are working on getting everything uploaded to PreCheck.</li> <li>- 5 Students who went to orientation and signed their intent sheet and are working on getting their PreCheck set up. These students are staying in constant contact with us.</li> <li>- 4 students who are actively trying to get into the program by talking to advisors and financial aid. These students are also staying in touch.</li> <li>- 8 students who have signed their intent, went to orientation, but we have no more contact with them.</li> </ul> <p>It has taken constant effort and constant contact with the students as far as phone calls, emails to get them to move forward and take the next step.</p> <ul style="list-style-type: none"> <li>- We have been doing orientations since June, but since we are in internships, we went to virtual orientation.</li> </ul> <p>We had 3 students call that want to pay cash for the program and are wanting to go through the course together. We are currently in process with them.</p>	
<p><b>Update</b> Central Texas Veterans Health Care System Temple, Texas VA Hospital</p>	<p><i>Education Affiliation Agreement</i> December 2022 VHA Directive 1400.03 Educational Relationships: The Office of Academic Affiliates (OAA) first requires the VA to create an infrastructure to support a massage therapy training program to make sure there is adequate space at VA facilities to meet the requirements of our clinicals/internship with the massage therapy program, including exam rooms, preceptors, training and conference space, and adequate equipment and supplies to meet educational needs. Upon assessment, the massage therapy program at CTVHCS lacked sufficient infrastructure to support trainees. CTX will be happy to update the affiliation agreement to comply with OAA once an infrastructure is in place at CTX. Whole Health Program Managers state that the infrastructure development is in progress but without an end date at this time. Until the infrastructure is in place, CTX cannot accommodate massage therapy trainees. <b>UPDATE:</b> Two new leaders/clinical directors of the Whole Health Program came on board Oct 2023, met with us 1 November 2023, and stated they are interested in working with the CTC Massage Therapy Program in the future.</p>	<p>V. Crowder-Moger</p>

Agenda Item	Action, Discussion, Information	Responsibility
	<p>John S Finnell ND, PhD (C), MPH, Dipl OM and Dr. Michael P. Goad, DC Clinical Director, Whole Health Central Texas Veterans Healthcare System</p> <ul style="list-style-type: none"> <li>- We are still working towards an education affiliation agreement with the Central Texas Veteran Health Care System, the VA hospital in Temple TX.</li> <li>- The massage program falls under the Whole Health Program and the Whole Health program managers. There are two clinical director leadership positions that were vacant that they just filled in October.</li> </ul> <p>We met with the 2 new clinical directors, John S Finnell and Michael P. Goad, and had an extensive conversation about the next steps for the Massage Therapy Program.</p>	
<b>New Business</b>	<b>New Business</b>	<b>New Business</b>
<p>Horseshoe Bay Resort</p>	<p><i>Education Affiliation Agreement:</i> <i>In progress. New resort CEO and new Spa Manager</i> <i>Spa is being upgraded and renovated.</i></p> <ul style="list-style-type: none"> <li>- We went out to visit with them in the spring time.</li> <li>- They are currently working to get the new spa manager and the new CEO on board with the affiliation agreement</li> <li>- They are going to upgrade and renovate the spa and did not want to take on an internship until after the renovations.</li> </ul> <p>Ashley asked if the Horseshoe Bay Resort has given an estimate time the renovations would be over.</p> <ul style="list-style-type: none"> <li>- Viola said no not yet, but Laura said they technically have a year until next clinical, which is about this time next year.</li> </ul>	<p>V. Crowder-Moger</p>
<p>U. S. Department of Veteran Affairs Community Care Program (VA MISSION Act of 2018)</p>	<p><i>Massage for Veterans Program</i></p> <p>The VA's Community Care Program provides eligible veterans access to healthcare services outside VA facilities. Massage therapy is prescribed to veterans for musculoskeletal pain. VA physicians write massage prescriptions for lower back pain, neck pain, shoulder and knee pain, fibromyalgia, migraines, and other conditions.</p> <p>Licensed Massage Therapists can apply to become VA Community Care Providers themselves or work through other Community Care Providers.</p> <p><b>Update: New Clinical Directors are working to get the Massage Therapy Community Care Provider network established.</b></p>	

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	<ul style="list-style-type: none"> <li>- These efforts are tied into their Massage Therapy program inside the hospitals infrastructure. Some of the infrastructure has to be in place before they can move forward with the Community Care Program.</li> </ul> <p>Feedback from MT themselves: Their concern is it takes a year to get approval to become a provider once you submit your application.</p> <ul style="list-style-type: none"> <li>- It's tied into the insurance system, Humana and Tricare West.</li> <li>- Once they become a provider, it takes 9-12 months to get paid.</li> <li>- This is why they are having a hard time establishing the community care network</li> </ul> <p>ZEEL, a health care organization that has been approved by the Department of Veteran Affairs to establish and run the massage therapy community care network, is not up and running in this region.</p> <ul style="list-style-type: none"> <li>- ZEEL pays their providers immediately and take care of finances on the back end.</li> <li>- ZEEL cannot come to this area until the hospital gets some part of their infrastructure in place.</li> </ul>	
<p>VHA Directive 1137: Provision of Complementary and Integrative Health (December 13, 2022)</p>	<p><i>Whole Health Program</i></p> <p>Approved List of Complementary and Integrative Health Approaches. The Under Secretary has approved the following List 1 CIH approaches for Health, which <b>must be made available to Veterans through a VA medical facility</b> (in person or via telehealth), through CCN providers, or through Veterans Care Agreements (VCAs). Additional information about these approaches can be found on the IHCC SharePoint site: <a href="https://dvagov.sharepoint.com/sites/VHAOPCC/IHCC/SitePages/Home.aspx">https://dvagov.sharepoint.com/sites/VHAOPCC/IHCC/SitePages/Home.aspx</a>. NOTE: This internal VA website is not available to the public.</p> <ol style="list-style-type: none"> <li>(1) Acupuncture.</li> <li>(2) Biofeedback.</li> <li>(3) Clinical Hypnosis.</li> <li>(4) Guided Imagery.</li> <li><b>(5) Massage Therapy.</b></li> <li>(6) Meditation.</li> <li>(7) Tai Chi/Qigong.</li> <li>(8) Yoga</li> </ol> <p>The VA Hospital Temple's Whole Health Program is actively working on Massage Therapy and the hospital infrastructure to support it.</p> <p><b>UPDATE:</b></p> <ul style="list-style-type: none"> <li>- The VA has dedicated a whole building to the Whole Health Program.</li> <li>- When you walk in your will see Massage Therapy on the wall as being offered. This is very exciting, especially since they have been working hard to move forward for several years.</li> </ul>	<p>V. Crowder-Moger</p>
<p><b>Curriculum Decision:</b></p>	<p>No new curriculum actions to present</p>	<p>V. Crowder-Moger</p>

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<b>Other:</b>	<p>K. Howard asked what we are looking for in an education affiliate. Viola responded that the students have to be able to come into the franchise and do 60 and 90 minute Swedish/clinical massages and be guaranteed 12 hands-on hours per week – three massages per day.</p> <p>- We are happy to work with franchise. In the past, we have been told that since the student aren't licensed, they are not allowed to touch any of the franchise clients.</p> <p>- Ms. Howard will be reaching out to Elements Massage corporate for clarifications.</p>	
<b>Open forum</b>		
<b>Survey</b>	<p>Advisory Committee Survey: Ashley Meloon will distribute an electronic survey with the minutes. Please complete and submit the survey via the web link within one week of receipt.</p>	V. Crowder-Moger
<b>Further Discussions</b>	No further discussion	V. Crowder-Moger

<b>GIPWE Required Functions:</b>	<b>How/when did the Committee address this function? At this meeting or a prior meeting? Previous meeting 23 October 2020</b>
<b>All below actions addressed in the Advisory Meeting Survey</b>	<b>Please add to "ACTION ITEMS" below if necessary to show that this function is or will be addressed.</b>
Addressed	License Portability
Addressed	Cohorts
Addressed	Central Texas Veterans Health Care System
Addressed	Horseshoe Bay Resort
Addressed	U. S. Department of Veteran Affairs Community Care Program
Addressed	VHA Directive 1137: Provision of Complementary and Integrative Health
Addressed	Franchise Education Affiliation Agreements
Addressed	
Addressed	

<p><b>Call for a Motion to Adjourn:</b>  <b>Motion:</b> Darrell Aubrey  <b>2<sup>nd</sup> by:</b> Ashley Meloon  <b>Voted:</b></p>	<p><b>Meeting Adjourned:</b> 10:23 AM</p>	<p><b>Approved:</b> Viola Crowder-Moger</p>
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<b>CHAIRPERSON SIGNATURE (or designee):</b> signed by: <i>Viola Crowder-Moger</i>	<b>DATE:</b> 12.02.2023	<b>NEXT MEETING:</b> Six months
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Advisory Survey Website: <https://forms.gle/Bv872XoPrjZvaK3q7>

