Week of July 22nd, 2024 – June 26th, 2024
Breakfast Menu
Served 7:00am – 10:00am

Monday – Grits and Cream of Wheat
Scrambled Eggs, Scrambled Eggs with Ham, Fried Eggs
Biscuits and Gravy
Potatoes O’Brien
Bacon,
French Toast Sticks

Tuesday - Grits and Oatmeal
Scrambled Eggs w/ Cheese, Scrambled Eggs with Chorizo, Boiled Eggs
Biscuits and Gravy
Cubed Home Fried Potatoes
Sausage
Pancakes, Scones

Wednesday - Grits and Cream of Wheat
Scrambled Eggs, Scrambled Eggs with Ham and Cheese, Fried Eggs
Biscuits and Gravy
Shredded Hash Brown
Bacon,
Waffles

Thursday - - Grits and Oatmeal
Scrambled Eggs w/ Cheese, Scrambled Eggs with Bacon & Cheese, Boiled Eggs
Biscuits and Gravy
Tator Tots
Sausage Links
Belgin Waffles, Donuts

Friday – Grits and Cream of Wheat
Scrambled Eggs, Scrambled Eggs with Sausage, Omelet to order
Biscuits and Gravy
Potatoes
Bacon,
Pancakes
Lunch Menu
July 22, 2024 – July 26, 2024
11:00 – 2:00 pm
Action Stations Now open Tuesday and Thursday
Deli Station open Wednesday

Monday – Hand Breaded Chicken Tenders (3) with Gravy, Beef Stroganoff
   Fired Sliced Potatoes
   Green Beans, Baby Carrots
   Roll
   Soup – Chef’s Choice
   Action Station –

Tuesday – Chicken and Beef Fajitas
   Spanish Rice, Pinto Beans,
   Soup – Chef’s Choice
   Action Station – BBQ Sandwich Bar (Pulled Pork or Pulled Chicken) French Fries

Wednesday – Wing Wednesday – Lemon Pepper and Garlic Parm
   Mac and Cheese
   Wedge Fries
   Mixed Vegetables
   GF – Mac & Cheese
   Soup – Chef’s Choice
   Action Station

Thursday – Sliced Eye of Round with Brown Gravy
   Country Chicken Pot Pie
   Roasted Red Potatoes
   Mixed Vegetables
   Roll
   Soup – Chef’s Choice
   Action Station – Stir Fry – Beef, Chicken or Shrimp, GF Sauces Available

Friday – Chef’s Choice

Soup – Chef’s Choice
Dinner Menu
Week of July 22 – July 26
Serves Time 4:00pm – 6:30pm
Grill Station is Open at Dinner
All Dinners Include Salad Bar, Dessert and Drink

Option 1 – Bourbon Pork Tenderloin
   Roasted Sweet Potatoes, Mixed Vegetables, Roll

Option 2 – Shrimp Po Boys
   With French Fries

Option 3 – Roasted Garlic Lemon Salmon Patties
   Rice Pilaf
   Mixed Vegetables

Option 4 – Chicken Parm over Pasta
   Mixed Vegetables
   Roll

Option 5 - Grill Station

*** Friday’s we will deliver dinner to the Dorm Students***