



Intramural Sports

4-On-4 Volleyball Rules Summary:

These rules modifications supplement the CTC Intramural Rules for Coed Volleyball.

I. Team Size

- A team consists of 4 players on the court in any combination of (2 men, 2 women) (3 men, 1 woman) (3 women, 1 man) other combinations must be approved by Intramural Director prior to each Match. Teams must have 3 players to start a game – and at least one of each gender must be represented. Coed modifications will be decided before the league begins.

II. Court Dimensions

- The top of the net shall be (7' 11).

III. Length of the Match

- Matches will be scheduled within a one-hour time frame. A match will consist of 3 games, the first two games played to 25 points and the third game to 15 points – all games are won by two – with caps at 27 and 17 respectively.

IV. Service Rotation/Subs

- At the start of each game, teams will establish a service rotation that involves each of their four players. This rotation must be followed for the duration of that game.

V. Play at the Net – Attacking/Blocking

- Men may block at the net but can only attack the ball when positioned behind the (10 ft.) attack line.
- Female players may attack and block the net with no restriction.

VI. Unresolved Disputes

- Any disputes (line calls, attacking violations, foot faults, etc.) that cannot be resolved shall be replayed.

VII. Timeouts

- Teams will be limited to one timeout per game.

ALL GAMES WILL BE SELF-REFFED.

SPORTSMANSHIP: The idea of CTC Intramural 4-On-4 Volleyball is to have fun. Please keep this in mind when participating in the league. Although the games may become intense, you still can be competitive while maintaining good sportsmanship. Any behavior deemed unacceptable by staff may result in suspension or ejection from the game or the league. Abuse of staff will not be tolerated. Fighting will also not be tolerated. CTC Intramural Department reserves the right to remove a player from a game or from the league if they are considered to be bringing down the quality of the league. Good SPORTSMANSHIP is the key.