



# Intramural Sports

## Free Throw Contest Rules:



- Participants will work into a rotation shooting five (5) shots, then move to the sideline.
- The next player in line will shoot five (5) attempts, etc..., until twenty (20) shots are completed by each player.
- \*\*If requested, one (1) practice shot may be taken before each set of five (5) shots (the request must be verbally communicated and confirmed with a verbal response).
- Ties will be broken by shooting 5 more free throws.